RESEARCH STUDY:

"THE CART CANADIAN NURSE PRACTITIONER MIFEPRISTONE IMPLEMENTATION STUDY"

WHAT IS THIS STUDY ABOUT?

Medication abortion via the drug mifepristone is a safe, effective practice available in over 60 countries. In 2017 Canadian nursing regulators and Health Canada implemented changes that would allow nurse practitioners (NPs) to provide mifepristone. This study seeks to understand the experiences of NPs with medication abortion in order to improve the implementation of this practice amongst NPs, with the potential to improve access for marginalized, rural and remote communities in Canada.

WHY IS THIS STUDY BEING DONE?

This study aims to identify the barriers and enablers to NP-provided medication abortion in Canada.
This study has three objectives:

- Identify potential enablers and barriers to Canadian NPs' successful provision of medical abortion via mifepristone;
- Compare the experiences of current NP providers, non-providers, and NPs working in urban versus rural and remote areas;
- Facilitate the implementation of NP-provision of mifepristone through communities of practice, and develop relevant tools to support NP provision of medical abortion in Canada.

WHAT ARE THE METHODS?

This study takes a mixed-methods implementation approach. Surveys and Interviews will be conducted with two types of participants:

(1) NPs in Canada **(both current providers and non-providers of mifepristone)**
(2) Stakeholders in health administration, government, policymaking, regulation, and advocacy around mifepristone in Canada

WHAT IS THE TIMELINE FOR PARTICIPATION?

SPRING 2020 - ONGOING -> Stakeholders in government, policy, health administration, education, and advocacy are being invited to participate in interviews
FALL 2020 & 2021 -> NPs will be invited to participate in Survey 1. One-year later, NPs will be invited to a second, follow-up survey.
WINTER 2020 & 2021 -> A subset of respondents from Survey 1 will be invited to participate in an interview within 3 months of completing the first survey, and a follow-up interview one-year later.

WHO ARE THE CO-INVESTIGATORS?

This study includes researchers and health professionals from several provinces, including British Columbia, Nova Scotia, Ontario, and Quebec. This study falls under the activities of the Contraception and Abortion Research Team (CART) https://cart-grac.ubc.ca/. The Principal Investigators (PIs) are: **Dr. Wendy V. Norman** (University of British Columbia) and **Dr. Ruth Martin-Misener** (Dalhousie University). The principal knowledge user is **Josette Roussel** from the Canadian Nurses Association (CNA).

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HOW CAN I LEARN MORE ABOUT THIS STUDY?

If you have any questions, or would like further information about this study before or during participation, you can contact Dr. Ruth Martin-Misener at **ruth.martin-misener@dal.ca (cc cart.np@dal.ca)** or 902-494-1143.This study has been approved by the Nova Scotia Health Research Authority (#1024408) researchethics@nshealth.ca and the UBC Children and Women's Health Research Ethics Board (#H16-01006).

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CART-GRAC Contraception and Abortion Research Team / Groupe de recherche sur l'avortement et la contraception
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nova scotia health authority
CANADIAN NURSES ASSOCIATION