

Making Sexual & Reproductive Health Accessible for Newcomer Youth in BC

The CURRENT SITUATION



In the Community...



Settlement support providers are often the first point of contact for many newcomer youth.

Concerns about sexual health come up when youth access other services, such as mental health counselling.



However, most community organizations do not have formal programs on sexual and reproductive health.

THEY REFER YOUTH to OTHER SERVICES, if it comes up.

WHAT WE'RE HEARING from COMMUNITY ORGANIZATIONS

Challenges

CULTURAL SAFETY and TRAUMA-INFORMED CARE

How do we share information while respecting cultural beliefs, and creating a welcoming environment?

COMMUNICATIONS

How can we ensure that language is not a barrier?

ADDRESSING the STIGMA

Staff members may carry stigmatized beliefs themselves. How can we break down the stigma within the care providing team?

RESOURCES

Sexual & reproductive health needs are diverse. How do we identify relevant resources?

Opportunities

Partner with organizations to build capacity through workshops & meetings

STAFF TRAINING

CO-DEVELOP RESOURCES

Develop comprehensive resources that reflects the diverse needs of newcomer youth

REFERRAL PATHWAYS
Strengthen the referral pathways so that youth are not 'bounced' from one place to another when seeking support



CLARIFY the ROLE of the COMMUNITY ORGANIZATION

Establish community organizations as a trusted & recognized source for accessing sexual & reproductive health information



HOW CAN WE HELP?

About Us

Dr. Sarah Munro & Zeba Khan from the Contraception & Abortion Research Team (CART) at the University of British Columbia, have partnered with Options for Sexual Health to better understand the barriers newcomer youth face in accessing SRH care.

CART & Options for Sexual Health have a long-standing collaborative partnership that promotes equitable access to sexual & reproductive care.



Our Goal

“ to MAKE SEXUAL & REPRODUCTIVE HEALTH ACCESSIBLE to NEWCOMER YOUTH in BC ”



Learn more about our projects at: cart-grac.ubc.ca/cora/

Next Steps

EXPLORING IDEAS by:

